

KUPENDA AFRICA EAST AFRICA EXPEDITION 2018

www.kupendaafrica.com

Please find below basic information about the group trip to Kenya and Tanzania in 2018.

ITINERARY

Saturday 18 August:

Flight to Nairobi. There are various airlines that clients have chosen to use: Lufthansa, Swiss Air and Emirates.

Meet the crew from Kupenda Africa.

Overnight at Wildebeest Eco Camp, Nairobi.

Overland Safari Truck





Sunday 19 August:

Drive to Meserani, Arusha, crossing the border into Tanzania.

Overnight at Meserani

Snakepark.



Monday 20 August:

Sorting out group equipment.
Visit the Meserani Snakepark Clinic, Maasai
Culture Museum and Snakepark.
Overnight at Meserani Snake Park.

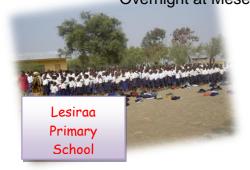


Tuesday 21 August:

Walk to Lesiraa Primary School and Meserani Juu Primary School, and interact with

some of the pupils in their final year.

Overnight at Meserani Snakepark.



Meserani Juu Primary School





Wednesday 22 August:

Visit Kipok Girls Secondary
Boarding School to interact with
pupils from the school.
Meet the sponsored

pupils. Spend the day with them,

experiencing lessons, sports activities and cultural exchanges.

Have a picnic lunch with the sponsored pupils.

There will be time this afternoon for optional activities if requested.

Overnight at Meserani Snake Park.



Thursday 23 August:

Visit the site of the new Meserani Secondary School, and meet with the relevant stakeholders and local politicians.

Organise a Sports Day for four local primary schools.

Overnight at Meserani Snake Park.





Friday 24 August:

Shopping in Arusha. Activities at Meserani Snakepark.

(Option to do a one or two-day Landrover Safari to Tarangire National Park.)

Overnight at Meserani Snake Park. (Bush camp or Tarangire Safari Lodge for those on the optional safari).

Tarangire National Park





Saturday 25 August:

Visit local families in their bomas.
(Option of returning from two-day
Landrover Safari in Tarangire National
Park).

Overnight at Meserani Snake Park.





Sunday 26 August:
Visit the Disabled Persons' Home in
Monduli.

Visit Irkisongo Secondary School and meet the sponsored pupils. Goat barbecue at Meserani Snakepark.

Overnight at Meserani Snakepark.





Monday 27 August: Visit Meserani Chini School. Shopping at the Maasai Market, Arusha.

Overnight at Meserani Snakepark.

Meserani Chini Primary School



Tuesday 28 August:

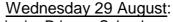
Visit Moita Boys Secondary
Boarding School to interact with
pupils from the school. Meet the
sponsored pupils.
Spend the day with them,

Spend the day with them, experiencing lessons, sports activities and cultural exchanges. Have a picnic lunch with the sponsored pupils.

There will be time this afternoon for optional activities if requested.

Overnight at Meserani Snake Park.





Visit Losingira Primary School, and interact with some of the pupils in their final year. Final shopping at the Maasai Market, Arusha.

Buy a goat at Kisongo Market. Goat barbecue at Meserani Snakepark.. Overnight at Meserani Snakepark.





Losingira Primary School









Thursday 30 August:
Drive to Nairobi.
Option of a final meal and show at the Safari Park Hotel.
Overnight at Wildebeest Eco Camp, Nairobi.



Wildebeest Eco Camp

Friday 31 August: Option to visit the AFEW Giraffe Sanctuary.

Visit St. Secilia School in the Kibera Slum.

Flight back to the U.K.











TRIP ORGANISATION

The trip is being provided by Kupenda Africa, and the trip leaders will be the staff from this company. Because much of the time spent in Tanzania will involve engaging with the work of The Meserani Project, Diane and Peter Swan will be directing some of the work here. You can visit the company website at:

www.kupendaafrica.com

Kupenda Africa will be providing everything for you when you arrive in Nairobi, but flights and insurance are your own responsibility. This allows you the flexibility to select flights that are suitable for you, and many of you will already have annual travel insurance policies anyway.

There are options at Wildebeest Eco Camp to upgrade your accommodation from camping to en-suite rooms, and at Meserani Snakepark from camping to basic rooms. Please contact Kupenda Africa as early as possible to enquire about cost and availability of these upgrades.

There is the flexibility on some days for you to 'do your own thing', so long as it does not affect what the majority of participants wish.

COST

The cost of the actual trip in East Africa – payable to Kupenda Africa, will be in the region of \$1,000 (£787). These are provisional estimates, and are based on international currency exchange rates on 12/5/17. However, we are confident that they are reasonably accurate.

Over and above this, there will be the following costs for things that you will need to purchase yourself:

Flights from the U.K. to Nairobi. There are a variety of airlines that clients have booked with: Emirates, Swiss Air and Lufthansa. It is assumed that all flights booked will ensure that clients arrive in Nairobi on 18 August. Kupenda Africa will pick up clients who arrive on the Lufthansa flights, as arranged, and clients on other flights may well have to make their own arrangements to get to Wildebeest Eco Camp. Your own travel insurance. Please ensure that your insurance covers scheduled airline failure, and end supplier failure (company ceasing trading).

100 U.S. Dollars for Visas for Kenya and Tanzania. These can be bought at the borders.

Other considerations:

- You will need to buy your own bottled water each day, although the cost of this is negligible.
- You will need a Yellow Fever vaccination to get into Tanzania these currently cost about £58 There are other vaccinations that you may well need, but these should all be free.

- You will need anti-malaria tablets these currently cost about £24 if you
 choose the new Malarone alternatives. These are high-street chemist prices,
 but you will get them cheaper at supermarkets or online chemists.
- You will need a large hold-all to carry all your clothing and personal requirements.
- You will need a 3-season sleeping bag and a karrimat or lightweight sleeping mattress, and you may be expected to share a tent with another person.
- You will not need any other specialist clothing or equipment.

To gain an insight into the trip, you can read some of the reviews submitted by participants on the 2014 Trip.

Go to our website www.meseraniproject.co.uk and follow the links: Africa Expedition 2014 – Trip Reviews

PLEASE BEAR IN MIND

If you are sponsoring a pupil through The Meserani Project, and they are still at secondary school in 2018, then you will have the opportunity to meet them, unless they are ill and absent from school.

If your sponsored pupil has left secondary school, there may be the chance to visit them in their homes, and spend some time with them. However, if your pupil was in Further Education, they could be at a College or High School hundreds of miles away, and there would be no guarantee of you meeting them.

Whilst the itinerary is the same for everyone, there is often the flexibility for you to make your own arrangements, and spend time on activities that are preferable to you.

The truck will be a non-smoking environment, as will all eating areas.

WHAT DO YOU NEED TO DO NEXT

Some of the group have booked flights that arrive in Nairobi earlier than 18 August. These clients are either spending time in Nairobi before the rest of the group arrive on 18 August (contact Jason at Kupenda Africa if you need him to arrange accommodation: kupendaafrica@gmail.com), and some are spending some time at Meserani with Peter & Diane before joining the group when they arrive at Meserani on 19 August.

You will need to pay a 50% deposit to Kupenda Africa by May 2018, by international bank transfer (in U.S. Dollars), with the remaining 50% being paid in cash when you arrive in Kenya.

If you wish to upgrade your accommodation, please let Jason know as soon as possible. The options are:

- An en-suite room at Wildebeest Eco Camp, Nairobi.
- A basic room at Meserani Snake Park.

Prices for these options can be obtained by contacting Peter Swan or Jason at Kupenda Africa.

TARANGIRE NATIONAL PARK SAFARI OPTIONS

You will see from the itinerary that on 24 and 25 August there is the option to go on a safari in Tarangire National Park. There are three options that are available, as detailed below:

One-day landrover safari. Depart from Meserani Snakepark early on the morning of 24 August, and drive by landrover to Tarangire National Park. Spend the day on game drives inside the park. Return to Meserani Snakepark late afternoon. Cost – in the region of \$125 (£96) a person.

Two-day landrover safari with an overnight bush camp inside the park. Depart Meserani Snakepark on the morning of 24 August, and drive by landrover to Tarangire National Park. Afternoon game drive inside the park. Overnight 'bush camp' inside the park. Morning game drive on 25 August, and return to Meserani Snakepark in the afternoon. Cost – in the region of \$268 (£206) per person.

Two-day landrover safari with overnight at Tarangire Safari Lodge. Depart Meserani Snakepark on the morning of 24 August, and drive by landrover to Tarangire National Park. Afternoon game drive inside the park. Overnight at Tarangire Safari Lodge, sharing a two-person luxury en-suite tent. Evening meal and breakfast at the lodge. Morning game drive on 25 August, and return to Meserani Snakepark in the afternoon. Cost – in the region of \$460 (£353) per person.

The above prices are based on four people per landrover. If there are more people in each landrover, then the cost will be less.

Please let Peter Swan know as soon as possible whether or not you would like to take up one of these options.

