



KUPENDA AFRICA EAST AFRICA



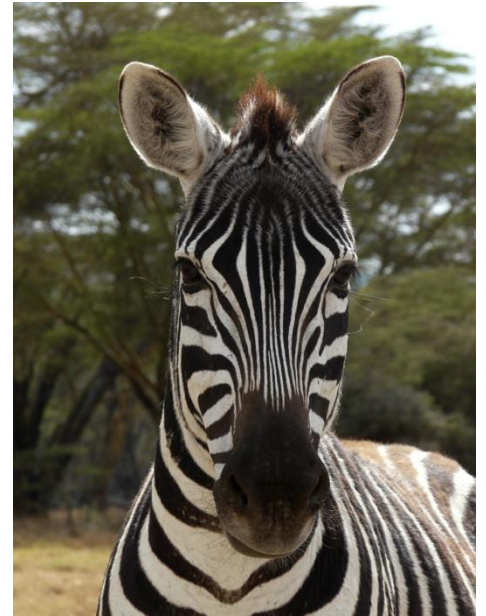
EXPEDITION - 2018



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ITINERARY



Saturday 18 August:

Arrive in Nairobi. There are various airlines that clients have chosen to use: Lufthansa, Swiss Air and Emirates.
Meet the crew from Kupenda Africa.
Overnight at Wildebeest Eco Camp, Nairobi.



Sunday 19 August:

Drive to Meserani, Arusha, crossing the border into Tanzania.
Overnight at Meserani Snakepark.



Monday 20 August:

Sorting out group equipment.
Visit the Meserani Snakepark Clinic, Maasai Culture Museum and Snakepark.
Overnight at Meserani Snake Park.



Tuesday 21 August:

Walk to Lesiraa Primary School and Meserani Juu Primary School, and interact with some of the pupils in their final year.
Overnight at Meserani Snakepark.



Wednesday 22 August:

Visit Kipok Girls Secondary Boarding School to interact with pupils from the school.
Meet the sponsored pupils. Spend the day with them, experiencing lessons, sports activities and cultural exchanges.

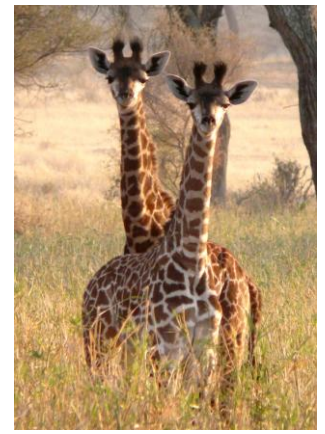


Have a picnic lunch with the sponsored pupils.
There will be time this afternoon for optional activities if requested.
Overnight at Meserani Snake Park.

Thursday 23 August:

Visit the site of the new Meserani Secondary School, and meet with the relevant stakeholders and local politicians.
Organise a Sports Day for four local primary schools.
Overnight at Meserani Snake Park





Friday 24 August:

Shopping in Arusha. Activities at Meserani Snakepark.
(Option to do a one or two-day Landrover Safari to Tarangire National Park.)

Overnight at Meserani Snake Park. (Bush camp or Tarangire Safari Lodge for those on the optional safari).

Saturday 25 August:

Visit local families in their bomas.
(Option of returning from two-day Landrover Safari in Tarangire National Park).

Overnight at Meserani Snake Park.

Sunday 26 August:

Visit the Disabled Persons' Home in Monduli.

Visit Irkisongo Secondary School and meet the sponsored pupils.

Overnight at Meserani Snakepark.

Monday 27 August:

Visit Meserani Chini School.

Shopping at the Maasai Market, Arusha.

Overnight at Meserani Snakepark.

Tuesday 28 August:

Visit Moita Boys Secondary Boarding School to interact with pupils from the school. Meet the sponsored pupils.

Spend the day with them, experiencing lessons, sports activities and cultural exchanges. Have a picnic lunch with the sponsored pupils.

There will be time this afternoon for optional activities if requested.

Overnight at Meserani Snake Park.

Wednesday 29 August:

Visit Losingira Primary School, and interact with some of the pupils in their final year.

Final shopping at the Maasai Market, Arusha.

Buy a goat at Kisongo Market. Maasai goat barbecue at Meserani Snakepark.

Overnight at Meserani Snakepark.





Thursday 30 August:
Drive to Nairobi.
Option of a final meal and show at the Safari Park Hotel.
Overnight at Wildebeest Eco Camp, Nairobi.



Friday 31 August:
Option to visit the AFEW Giraffe Sanctuary.
Visit St. Secilia School in the Kibera Slum.
Flight back to the U.K.



CAMPING & COOKING



You will be expected to share in general camp duties, and will be responsible for keeping your tents clean and tidy.

Most evenings we will be staying at recognised campsites, and although they are in scenic and beautiful situations, they will sometimes have only basic amenities, (cold showers, shared toilets).

An cook will be travelling with us for the duration of the trip, and is responsible for all meals. However, there will be a duty rota for various duties that need to be undertaken. On any

particular day each group may be involved in either:

- Shopping for food.
- Preparing food.
- Assisting with the cooking.
- Washing up.
- Cleaning the Safari Truck.



Duty Groups

| Group One | Group Two |
|--------------------|--------------------|
| James Small | Peter Swan |
| Elizabeth Openshaw | Andrew Reed |
| Jessica Starling | Hannah Small |
| Leah McCabe | Joanne Starling |
| Sue Pitts | Paul Openshaw |
| Susan Walker | Gail Arnold |
| Group Three | Group Four |
| Diane Swan | Chris Starling |
| Amy Twiname | Chloe Winter |
| Gerry McCabe | Gill Jordan |
| Katie Starling | Penny Reed |
| Sarah Small | Steven Small |
| Bev Fallowfield | Graeme Fallowfield |

MESERANI SNAKE PARK

Meserani Snake Park is located some 20 km to the west of Arusha, just off the tar road that leads towards the world famous Serengeti National Park, and with views of Mount Meru and Mount Kilimanjaro. At the Snakepark there is a collection of snakes and other reptiles - some of the most fascinating animals of Africa. The Snakepark has provided a new attraction for visitors on the northern Tanzania tourist circuit and building the park was quite an adventure.



The park is "home" to a variety of snakes common in Eastern and Southern Africa, from the Black Mamba to the black and red spitting cobras and the African Python. Other reptiles include monitor lizards, chameleons and crocodiles. There are also a few species of birds that are orphaned or injured for whom a temporary home is provided at the park.





The owners of the campsite, Lynne Bale, (“Ma”), and Barry Bale, (“BJ”), are legendary for the work that they have done with the local Maasai people. They provide a medical centre, orphanage and education centre free of charge, and they pay themselves for all snake-bite treatment that is needed by the local people. They also provide employment for many of the local Maasai population through their campsite,

Maasai market, Maasai Culture Museum and Jewellery workshop. BJ and Ma have been instrumental in the work that The Meserani Project has undertaken throughout the Meserani region – without their help, The Meserani Project would never have got off the ground.

The campsite will be our home for nine nights whilst we support The Meserani Project, and there will be opportunities to visit the Maasai Museum, the Medical Centre, the Orphanage, the Education Centre, and we can even go for a ride on one of BJ’s camels.



LESIRAA PRIMARY SCHOOL

Lesiraa School is situated in the Meserani region, near Arusha, in Tanzania. It is the first school that The Meserani Project became involved with, and for who they decided to raise funds in order to improve conditions at the school.



Before The Meserani Project became involved, Lesiraa School had two classrooms that were literally falling apart. There were no blackboards, and not enough benches and desks for the pupils. The images above show the situation as seen in 2004.



Since then The Meserani Project has raised enough money to replace these two classrooms with four brick built classrooms, fully furnished and decorated. The images here show the results of their efforts. The project has also provided



educational resources, sports equipment, sports clothing, cooking equipment and has piped in water for their garden.

MESERANI JUU PRIMARY SCHOOL

Meserani Juu Primary School is the second school that The Meserani Project became involved with, and for who they decided to raise funds in order to improve conditions at the school.



Before The Meserani Project became involved, Meserani Juu School was incredibly overcrowded, with over 100 pupils crammed into classrooms that were segregated with corrugated tin sheets. The images here show the situation as seen in 2007.



Since then The Meserani Project has raised enough money to build four brick built classrooms, fully furnished and decorated. The images below show the results of their efforts. The project has also provided educational resources, sports equipment and sports clothing.



KIPOK GIRLS SECONDARY BOARDING SCHOOL

Kipok Girls Secondary Boarding School is remotely situated – about 30 minutes drive through the bush from the main road. There are currently 33 girls at the school being sponsored by The Meserani Project.



The project has already provided the school with ten water tanks, a photocopier and printer, solar power for the school office, many text books, and solar power to all dormitories, classrooms and teachers' houses.



As well as visiting the pupils in their lessons, we may well play volleyball and netball with them.



MESERANI SECONDARY SCHOOL

The Meserani Project's biggest ever challenge is to ensure that there is a secondary school for the young people who live in the Meserani District. In late 2017 local politicians and stakeholders at Meserani launched a project to build a secondary boarding school, and it is hoped that the first pupils will start at the school in January 2019. A site has been identified and purchased, and there are a number of stakeholders involved – one of which is The Meserani Project. The project has already raised enough money to pay for the first two classrooms and an office, and has obtained grants to provide a water harvesting system. We will visit the site of the new school, and hopefully meet the politicians involved in the building project.

SPORTS DAY

A major challenge of the trip is to organise a traditional Sports Day for the pupils at Lesiraa Primary School, Meserani Chini Primary School, Losingira Primary School and Meserani Juu Primary School.

We will be organising the events ourselves, providing the necessary equipment, and presenting the prizes.

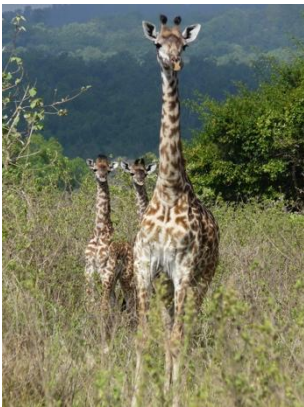


TARANGIRE NATIONAL PARK

The Tarangire National Park is one of Tanzania's lesser-known game parks, and as such it has a much more authentic feel to it for those who wish to share this environment with the animals rather than hordes of tourists.



It is famous for its herds of elephants, its giraffes, and the huge baobab trees that dominate the landscape. In August it is the dry season, and the wildlife tend to congregate on the banks of the Tarangire River, making this a popular spot for our game drives.



One of the options is to camp overnight at a 'bush camp' within the park, with only the tent walls between us and the wildlife.



MONDULI DISABLED PERSONS' HOME

A recent area of involvement for The Meserani Project is the Monduli Disabled Person's Home. The home caters for people of all ages, from babies right up to elderly adults. During our visit we will meet the staff and residents, and will be making a number of practical donations to the home.



IRKISONGO SECONDARY SCHOOL

Irkisongo Secondary School is in Monduli, and is an extremely well-managed and resourced school by Tanzanian standards. The Meserani Project supports a number of pupils to attend this school, some of whom are studying A' Levels.

MAASAI GOAT BARBECUE

A previous visit to the Kisongo livestock market will have given us the opportunity to buy our own goat. After feeding and tending to this goat for a couple of days, we invite the local Maasai warriors to kill the goat and prepare it for our evening barbecue, (witnessing the kill, drinking the blood and eating the bone marrow are all optional).



MESERANI CHINI PRIMARY SCHOOL

Meserani Chini School is the most desperate school that we visit in Tanzania, and is a key area of concern for The Meserani Project. Their teachers are extremely resilient and resourceful, but the school is situated in an incredibly remote area, and there are always difficulties recruiting teachers.



So far the project has built two new classrooms, provided text books for every subject in every year group, provided four water tanks, and has completely refurbished the teachers' homes, in an effort to attract teachers to work there.



MOITA BOYS SECONDARY BOARDING SCHOOL

Moita Boys Secondary Boarding School is remotely situated, an hour's drive through the bush from the road between Arusha and Meserani. There are currently 59 boys at this school being sponsored by The Meserani Project.



The project has already provided the school with seven water tanks, fifty-six beds, fifty desks & chairs, many text books, a laptop an overhead projector and a whiteboard.



As well as visiting the pupils in their lessons, we will be helping them write letters to their sponsors.



Losingira Primary School



Losingira is the closest school to Meserani Snake Park, and The Meserani Project only became involved with this school in 2016 when it was brought to their attention by the Meserani District Councillor, Loti Naparana. The school only had four classrooms, and yet there are eight year groups at primary school level – this meant that once pupils completed their fourth year, there was nowhere for them to be taught.



The school was initially built because pupils were having to cross a dangerous road to get to Meserani Juu School, and the fact that the school was very close to the Meserani township meant that pupils would not have to walk several miles to get to school.

The Meserani Project built two new classrooms for the school in 2016, and it is hoped that the final two classrooms will be completed in time for our visit.



NYAMA CHOMA RANCH

For our final evening in East Africa, we have booked a table at the Nyama Choma Ranch, at the Safari Park Hotel, Nairobi. *Nyama Choma* is Kiswahili for *Barbecue*, and our meal is a spectacular open-air eat-as-much-as-you-can barbecue, where the meat is served up on skewers as and when you want it. There is a starter, and desserts are included, and there are also vegetarian options.



After the meal we are treated to a stage performance by the renowned *Safari Cats* Dancers and Acrobats.

THE AFEW GIRAFFE SANCTUARY



On our final full day in Kenya there will hopefully be the option to visit the AFEW Giraffe Centre where protected species of giraffe can be fed at head height from feeding platforms.



KIBERA

Our final day in Kenya is spent in Nairobi, the capital city. In the morning we hope to pay a visit to St. Secilia School, which is on the edge of the Kibera Slum, and provide them with educational resources and food.



Kibera is Africa's largest slum area, and is the second largest in the world. Up to one million people live in one square mile, and the conditions are appalling.



ST. SECILIA SCHOOL

St. Secilia School is on the outskirts of Kibera, and does a wonderful job in very challenging circumstances. It is funded and resourced entirely through voluntary donations. It is hoped that some of the pupils from St. Secilia School will take us to see their homes inside the slum.





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