

# TEES HERITAGE WALK!

Come join **THE TEES HERITAGE WALK!** This is a fantastic opportunity to raise funds for any Charity of **YOUR CHOICE** and a chance to learn more about the River, and its heritage and see the amazing work being undertaken by Councils, volunteers and Rotary to reshape the banks and footpaths of the river.

Happening **Sunday 14th May**, Registration is at **9 Am** and the heritage walk starts from **9.30 AM till 11.00 AM** Middlesbrough College TS2 1AD

**The main walk (Option 1)** is a distance of 12 miles ( 4 Hours ) from Middlesbrough College to Stockton's Millennium Bridge and back. It is linked to three national routes and offers views of seven Tees bridges from a very different perspective.

**We offer other shorter route options, all starting at Middlesbrough College, they are as follows:**

- 2) Middle Distance Return Route (9 miles) to the Tees Barrage and back; (4 Hours)**
- 3) Short Return Route (6.5 miles) to Newport Bridge and back; (3 Hours)**
- 4) One Way Route (5.9 miles) to the Millennium Bridge; (2 Hours)**

You can find the route options above in more detail, along with a map, on our website: [erimusrotary.org.uk](http://erimusrotary.org.uk). The use of wheelchairs and pushchairs may be difficult, due to surface conditions or steps, alternative routes are marked on the mentioned map

An entry fee of £5 per adult or £10 for families with all children under 16. Children under 16 must be accompanied by an adult. All participants will receive a certificate marking their achievement on completion of the walk.

**To register, please download the entry and sponsorship forms from our website ([www.erimusrotary.org](http://www.erimusrotary.org))**

Once completed email [thw@erimusrotary.org](mailto:thw@erimusrotary.org) or post to -

Middlesbrough Erimus Rotary. c/o 93 Mallowdale, Nunthorpe, Middlesbrough. TS7 8PP. Entry fees can be paid online, by bank transfer or by cheque (details on entry form).

Reminder: All participants are free to donate the sponsorship monies they raise to their chosen registered charity.

**For any queries please use the above e-mail or phone 07864630755**

*The Walk is organised by Middlesbrough Erimus Rotary and Middlesbrough College and is supported by Middlesbrough and Stockton Councils, PD Ports and other local Rotary Clubs.*

